

“MOONLIGHT FOR SIGHT” 5k & Challenge Walk

Kingston, TN ~ hosted by the Kingston Lions Club~

Date, Time and Place: Saturday, October 7, 2017 9:00 P.M. for runners, 8:30 P.M. for walkers. Event will begin at Fort Southwest Point on South Kentucky Street in Kingston, TN.

Directions: I-40 ,exit 352 (Kingston), south on Kentucky Street. After crossing Hwy 70, Fort Southwest Point is approximately 1 mile on right.

Course Description: Runners: A lovely run along side of the Watts Bar Lake in Kingston. Relatively flat out and back course. **Walkers:** A mile loop around Fort Southwest Point . Course contains hills.

Registration and Entry Fee: Pre-registration fee \$25.00 closes Oct. 3 for paper entries. Race night fee \$30.00, Registration closes 8:00 pm for walkers, 8:30 pm for runners. Event continues rain or shine.

Shirts: Short-sleeve tech shirts provided for all pre-registered entries and as supplies last on race night.

Awards: RUNNERS- CASH AWARDS for the overall male and overall female. Awards three deep in the following age groups, male and female as follows: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+. **WALKERS** are **CHALLENGED** to complete their personal max number of laps around the course in 1 hour. Medallions awarded based on laps completed in the hour time limit.

All awards must be picked up on race day, they will not be mailed. Door prizes will be given away at the end of the race, must be present to win!

Refreshments and Facilities: Post race drinks and food supplied for all participants. Restrooms available.

Results: Post race results/awards presented race night. Results posted next day at totalracesolutions.com.

Course Etiquette: We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is abusive to volunteers. Due to insurance regulations, no headsets, cell phones, bicycles, baby strollers, roller blades, or pets on the course.

Proceeds: Go to the Kingston Lions Club.

Information: Contact (865) 466-8853, email steve.bates@edwardjones.com or (865) 243-5139 , email

c.willis1@comcast.net.

Online registration at <https://runsignup.com/Race/TN/Kingston/MoonlightforSight5KandChallengeWalk>

OFFICIAL 2017 “MOONLIGHT FOR SIGHT” 5K & CHALLENGE WALK ENTRY FORM

5K-Run Challenge-Walk Shirt-Only (circle one)

Shirt Size: SM MED LG XLG (circle one)

Name: First _____ Last _____

Sex: Male Female

Age (on 10-07-17) _____ Birthday _____

Email _____

Address _____

City _____ State _____ Zip _____

Phone _____

Emergency contact name & phone _____

Athlete's Release: PLEASE READ, TO RUN THE RACE YOU MUST SIGN AND DATE THIS FORM!

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in the MOONLIGHT FOR SIGHT 5K unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with running and/or volunteering in the above mentioned race, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, ice and snow, the conditions of the road and the traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance in my application for myself, and anyone entitled to act on my behalf, waive and release the Roane County Sheriff's Office, Kingston Lions Club, Total Race Solutions and all volunteers, any and all members thereof, and all further sponsors, their representative successors, from all claims or liability of any kind arising out of my participation in the above mentioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings or any other record of this event for any legitimate purpose.

Athlete's Signature

Date

If under 18, Parent's Signature

Date

Fill Out Completely and Mail with Entry Fee to:

Kingston Lions Club

P.O. Box 325

Kingston, TN 37763

Make checks payable to: Kingston Lions Club (NO REFUNDS)

